



Learn about this special service offered by Genesis Rehab Services

# Bringing rehabilitation to the patient

After illness, injury, or hospitalization, it's not unusual for patients to want to regain their strength and independence in their most comfortable and functional environment—at home. But historically, patients were presented with few options about where their physical, occupational, and/or speech therapy services were delivered. Until now.

Offered by Genesis Rehab Services, Vitality to You brings outcome-driven outpatient services—including physical therapy, occupational therapy, and speech therapy—directly to our patients at home or in the community.

## Decreasing the barriers to care

Traditionally, patients needing rehabilitation therapy services have had two options for care that would be covered under an insurance plan: making regular visits to an outpatient therapy (OPT) clinic, or participating in therapy sessions at home only after proving eligibility for home health services.

Neither option is without its barriers.

Patients who make frequent visits to an OPT clinic need to juggle the tasks of scheduling appointments, finding clinics near home, and securing transportation to and from their physical, occupational, and/or speech therapy sessions. This can be especially challenging for patients in recovery who must rely on the help of others.

But most of these same patients don't qualify for home health therapy sessions because Medicare Part A—a part of many managed care and private insurance plans—requires patients to be homebound. Their definition is strict; a patient can only be considered homebound if he or she cannot leave the home without “considerable and taxing effort.” Essentially, under Medicare Part A, patients cannot be covered for rehabilitation services at home unless they can prove they cannot leave the house without some sort of assistance.

Through Vitality to You, patients do not need to be homebound or qualify for skilled care in order to take advantage of our services in their home or in the community. As long as patients demonstrate medical necessity for physical, occupational and/or speech therapy services, and otherwise meet Medicare coverage criteria, Vitality to You may be covered by Medicare Part B and other private insurance plans.

Our highly-trained licensed and credentialed therapists, who specialize in geriatric rehabilitation, perform comprehensive assessments, develop individualized plans of care, and provide evidence-based treatment to achieve the highest quality of life for the patients we serve.

## We offer specialized programs and services to meet the varied needs of our patients, including:

- Safe driving
- Fall risk management
- Memory care
- Pain management
- Low vision
- Lymphedema management
- Vestibular management
- Cardiopulmonary conditions
- Post-acute joint replacement
- Cognitive deficits
- General health & wellness
- Swallowing difficulties

## Who is Genesis Rehab Services (GRS)?

GRS is a leading provider of physical therapy, occupational therapy, speech therapy, respiratory therapy, and wellness services for the older adult population. GRS partners with skilled nursing centers, assisted living facilities, independent living facilities, hospitals, home health companies, adult day care programs, and outpatient clinics to provide comprehensive therapy services. Now with Vitality to You, we can bring our services to the patient, whether at home or in the community.

To learn more about Vitality to You,  
visit [www.GenesisRehab.com/VitalityToYou.aspx](http://www.GenesisRehab.com/VitalityToYou.aspx).